

VIPeel

After care instructions:

We suggest starting an over the counter antihistamine today and for the next three days.

Clients that are already prone to cold sores need to use precaution, as medium to deep peels may stimulate an outbreak.

Clients need to be aware that picking up a secondary infection is more likely during the peeling process and shortly after having a peel. Clients need to watch for signs of secondary bacterial infection and call the spa or contact a physician if needed.

Clients need to discontinue using anti aging products and acne products until you are completely healed from the peel.

Client is to leave the peel on for 4 hours (unless the skin is painful or itchy. Some discomfort is normal.)

Wash your skin with a gentle cleanser after 4 hours and pat skin dry. On clean dry skin apply the first post peel towelette. You will be applying the post peel towelette the first three times you cleanse your skin after the initial peel is applied.

Example:

Leave spa with peel on, four hours later wash and dry skin, apply pad leaving solution on the skin until the next time you would normally wash your skin (morning or evening) then wash and dry skin and apply next pad....

Clients with aging skin, Melasma or hyperpigmentation are to use all the solution on the pad and to work the solution into the skin.

Clients with darker skin tones should apply a thin layer of post peel protectant 10 minutes after the use of each towelette.

After the peel, any areas of pigmentation may appear darker. This change in color is most evident on the second day, however can happen immediately. This is normal, darker skin will exfoliate during the peeling process.

Clients **MUST** refrain from forcing, picking or peeling the skin as it can cause scarring. The skin will slough when washed morning and night.

Clients **MUST** use SPF 50+ to protect the skin.

Please call the spa with any questions, 952-432-0404. In the event the spa is closed Grace can be reached at her after hours emergency phone number, 651-253-9405 this number can be called or text messaged.